

Somerset Academy School Lunch Program (Wilton Manors)

presented by Greater Miami Caterers, Inc.

September 2020

This menu is Dietician Approved to meet NSLP & CCFP.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2		1 TURKEY HAM (PF) & CHEESE ON A WHOLE GRAIN MIDNITE ROLL CARROT STICKS W/ RANCH DRESS. FRESH ROMAINE SALAD W/ ITALIAN DRESSING FRESH ORANGE MAYONNAISE & MUSTARD	2 ROAST BEEF & CHEESE ON SUB ROLL FRESH LETTUCE SALAD W/ DRESS. CELERY STICKS W/ RANCH DRESS. APPLESAUCE MAYONNAISE	3 BOLOGNA & CHEESE ON WHOLE GRAIN HAMBURGER BUN RAW CARROT STICKS W/ RANCH DRESSING GARBONZO BEAN SALAD FRESH APPLE MAYONNAISE & MUSTARD	4 TURKEY (PF) & CHEESE ON CUBAN BREAD ROLL CORN SALAD MANDARIN ORANGES TOMATO JUICE MAYONNAISE & MUSTARD
3	7 SCHOOL CLOSED Holiday "Labor Day"	8 TURKEY HAM (PF) & CHEESE ON A CUBAN ROLL FRESH ROMAINE SALAD W/ DRESS. CARROT STICKS W/ RANCH DRESS. FRUIT MIX MAYONNAISE & MUSTARD	9 ROAST BEEF & CHEESE ON A SUB ROLL FRESH LETTUCE SALAD W/ DRESS. CELERY STICKS W/ RANCH DRESS. FRESH ORANGE MAYONNAISE	10 CHICKEN SALAD ON WHOLE GRAIN HAMBURGER BUN RAW CARROT STICKS W/ RANCH DRESSING KIDNEY & GARBONZO BEAN SALAD DICED PEARS	11 TURKEY (PF) & CHEESE ON A WHOLE GRAIN MIDNITE ROLL COLE SLAW FRUIT JUICE FRESH BANANA MAYONNAISE & MUSTARD
4	14 GRILLED CHICKEN BREAST ON WHOLE GRAIN HAMBURGER BUN POTATO SALAD CELERY STICKS W/ RANCH DRESS. DICED PEACHES MAYONNAISE & BBQ SAUCE	15 TURKEY HAM (PF) & CHEESE ON A WHOLE GRAIN MIDNITE ROLL CARROT STICKS W/ RANCH DRESS. FRESH ROMAINE SALAD W/ ITALIAN DRESSING FRESH ORANGE MAYONNAISE & MUSTARD	16 ROAST BEEF & CHEESE ON SUB ROLL FRESH LETTUCE SALAD W/ DRESS. CELERY STICKS W/ RANCH DRESS. APPLESAUCE MAYONNAISE	17 BOLOGNA & CHEESE ON WHOLE GRAIN HAMBURGER BUN RAW CARROT STICKS W/ RANCH DRESSING GARBONZO BEAN SALAD FRESH APPLE MAYONNAISE & MUSTARD	18 TURKEY (PF) & CHEESE ON CUBAN BREAD ROLL CORN SALAD MANDARIN ORANGES TOMATO JUICE MAYONNAISE & MUSTARD
1	21 TURKEY (PF) & CHEESE ON A WHOLE GRAIN TORTILLA WRAP POTATO SALAD CELERY STICKS W/ RANCH DRESS. FRESH APPLE MAYONNAISE & MUSTARD	22 TURKEY HAM (PF) & CHEESE ON A CUBAN ROLL FRESH ROMAINE SALAD W/ DRESS. CARROT STICKS W/ RANCH DRESS. FRUIT MIX MAYONNAISE & MUSTARD	23 ROAST BEEF & CHEESE ON A SUB ROLL FRESH LETTUCE SALAD W/ DRESS. CELERY STICKS W/ RANCH DRESS. FRESH ORANGE MAYONNAISE	24 CHICKEN SALAD ON WHOLE GRAIN HAMBURGER BUN RAW CARROT STICKS W/ RANCH DRESSING KIDNEY & GARBONZO BEAN SALAD DICED PEARS	25 TURKEY (PF) & CHEESE ON A WHOLE GRAIN MIDNITE ROLL COLE SLAW FRUIT JUICE FRESH BANANA MAYONNAISE & MUSTARD
2	28 SCHOOL CLOSED Teacher Planning Day	29 TURKEY HAM (PF) & CHEESE ON A WHOLE GRAIN MIDNITE ROLL CARROT STICKS W/ RANCH DRESS. FRESH ROMAINE SALAD W/ ITALIAN DRESSING FRESH ORANGE MAYONNAISE & MUSTARD	30 ROAST BEEF & CHEESE ON SUB ROLL FRESH LETTUCE SALAD W/ DRESS. CELERY STICKS W/ RANCH DRESS. APPLESAUCE MAYONNAISE		

ALL MEALS ARE SERVED WITH 1% OR 0% LOW FAT MILK (YOUR CHOICE)